Nightingale
NURSING HOME

NURSING · RESIDENTIAL · DEMENTIA · MENTAL HEALTH · RESPITE CARE

A welcoming home, familiar faces and nursing care around the clock.

01903 717376 · info@cadogancare.com · nightingalenursinghome.co.uk



43 Beach Road, Littlehampton, West Sussex BN17 5JG

PART OF CADOGAN CARE

WELCOME

A little about Nightingale

Finding the right care for someone you love isn't always easy. You want to know they'll be well looked after, but just as importantly, that they'll feel comfortable, settled and at home. At Nightingale, we believe both matter.

Our home is an Edwardian house on Beach Road, overlooking one of Littlehampton's parks and a short walk from the seafront. What really makes it special is the people. Many of our team have been here for years, some for decades, so residents see familiar faces and families get to know the people looking after them.

NIGHTINGALE AT A GLANCE

24-hour
NURSING CARE
Registered nurses are on site throughout the day and night, seven days a week.

33
BEDROOMS
31 single rooms and two rooms for couples, with lift access to every floor.

Good
RATED BY THE CQC
Rated Good in every area in our October 2026 inspection.

1949
CARING SINCE
A familiar part of the Littlehampton community for more than 75 years.

OUR CARE

The right care, as needs change

We provide a range of care for adults both over and under 65, with the aim of helping each person feel safe, comfortable and as independent as possible.

- **Nursing care.**
  Round-the-clock support with medical needs, including medication, wound care and catheter care, with our wider team helping with personal care, meals and the little things that make day-to-day life easier.

- **Residential care.**
  Practical support, companionship and reassurance for people who no longer feel confident managing alone, but don't need regular nursing care.

- **Dementia care.**
  Support at all stages, including more advanced nursing needs. We take time to learn each person's life, familiar routines and preferences, working closely with families.

- **Mental health care.**
  Residential and nursing support for adults living with mental health conditions.

- **Palliative and end-of-life care.**
  Comfort, dignity and compassionate nursing, working alongside GPs and community healthcare teams. Loved ones are welcome to stay for as long as they need.

- **Respite care.**
  Short stays following a hospital stay, or to give a family carer some time to rest.



QUESTIONS FAMILIES OFTEN ASK

What if my relative's needs change?

With registered nurses on site 24 hours a day, we can respond to changes in health, including overnight, and usually avoid the disruption of a move to another home.

Can couples stay together?

Yes, subject to availability and care needs. We have two rooms for couples, and partners who need different levels of support can often stay together.

LIFE AT NIGHTINGALE

The little things that make it feel like home

A favourite chair. A familiar meal. Someone remembering how you take your tea.

Many of our bedrooms overlook the park or garden, and some have lovely large bay windows. Residents are welcome to bring their own furniture, photographs and personal belongings. Meals are freshly prepared home cooking, and Sunday roasts, Friday fish and chips and homemade lasagne are particular favourites.

Through the week there's music, painting and crafts, games, church services and visiting entertainers, and birthdays, summer barbecues and Christmas are occasions we all look forward to. Our enclosed, south-facing garden is a lovely place to spend a sunny afternoon, and the seafront and town centre are close by.











THE PEOPLE BEHIND THE CARE

Meet Sarah, our home manager

Sarah Watts is an experienced nurse who previously worked as a senior nurse in the NHS. She's here to help you understand your options, talk through your relative's needs and work out whether Nightingale could be the right place for them.

A team you'll get to know

Our deputy manager, Tracey Searle, has been here for more than 30 years, including over 25 as manager. Marion Bazley has spent 27 years at Nightingale, from caring and activities to preparing residents' meals. And Mick Warren looks after our home and garden, and brings in fresh produce from his allotment for residents to enjoy.

That continuity helps make Nightingale a place where residents and families get to know the people looking after them.





"There is a real family feel to this home and all of the staff show genuine affection and care to each and every resident."

AMANDA A, DAUGHTER OF A RESIDENT
REVIEW ON CAREHOME.CO.UK

FEES AND FUNDING

Understanding the cost of care

Fees at Nightingale depend on the level of care required and the room chosen. We're happy to talk you through the costs, explain what's included and discuss the funding options that may be available. Call us on 01903 717376.

FUNDING OPTIONS
Self-funding, Local Authority-funded with an agreed top-up, and NHS Continuing Healthcare.

NO SURPRISES
Your weekly fee is agreed and confirmed in writing before moving in.

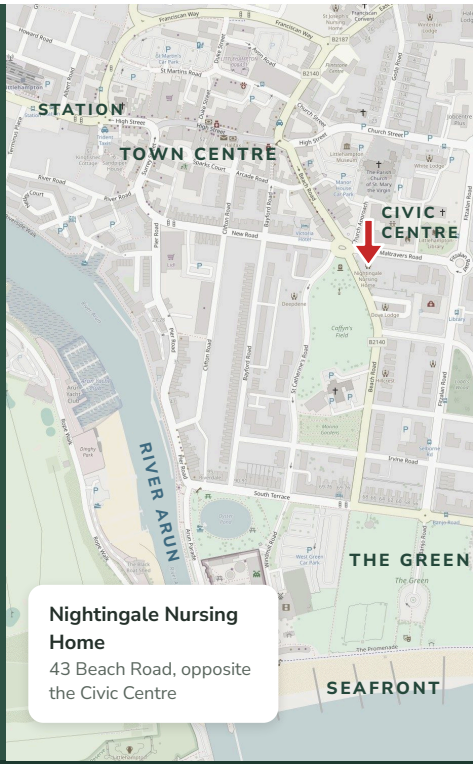
NHS NURSING CONTRIBUTIONS
Eligible residents may receive an NHS-funded nursing care contribution. We'll explain how this is reflected in the fees.

COME AND VISIT

The best way to get to know Nightingale is to see it for yourself.

You're welcome to visit at any time, though for a first visit it's best to call ahead so someone is free to show you around properly. There's no expectation to make a decision on the day.

1. **Have a conversation.** Give us a call, tell us a little about your situation and arrange a time to visit.
2. **Come and look around.** Meet the team, see the bedrooms and communal spaces, and ask whatever's on your mind.
3. **Take the next step, when you're ready.** If Nightingale feels right, we'll arrange a full care assessment and talk you through moving in.



CALL US

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VISIT US

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